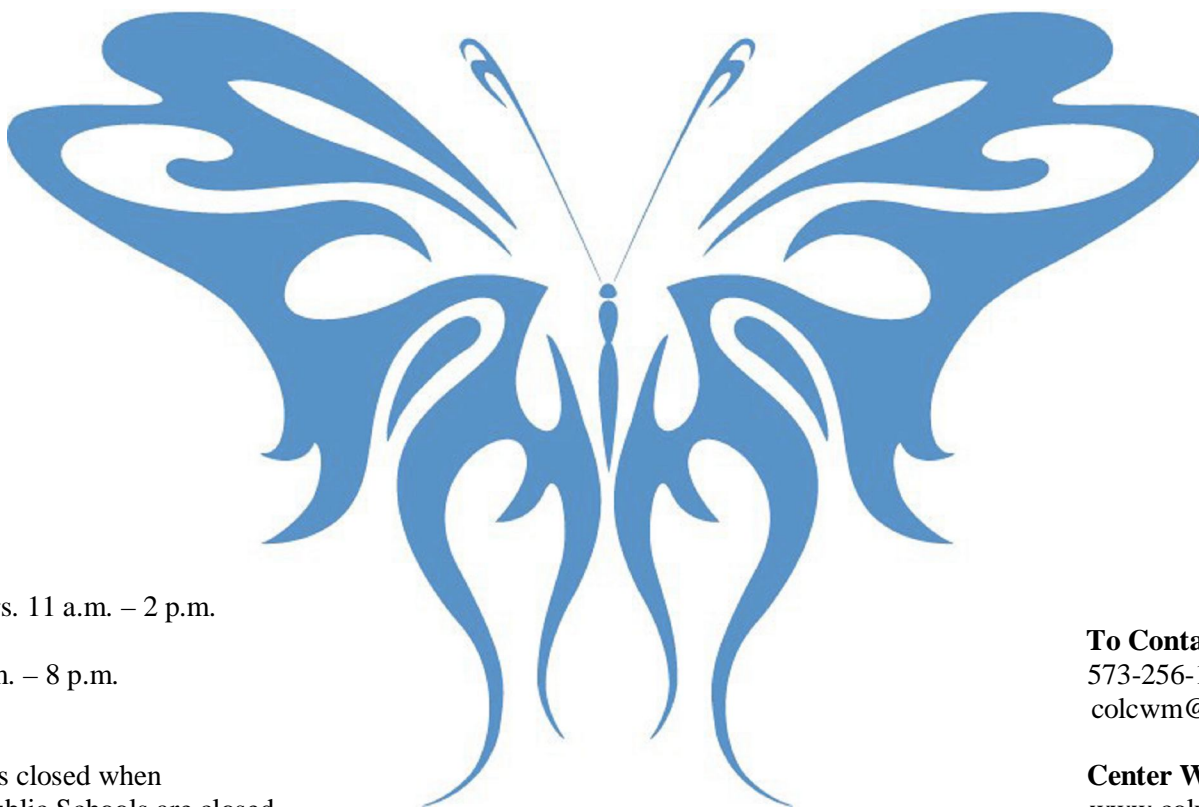


Center News



Hours

Daytime:

Mon. – Thurs. 11 a.m. – 2 p.m.

Evening:

Thurs. 6 p.m. – 8 p.m.

Closings

The Center is closed when

Columbia Public Schools are closed.

To Contact the Center

573-256-1799

colcwm@mchsi.com

Center Website

www.columbiacwm.org

Newsletter Help Needed

We are looking for volunteers who will help gather information, edit, and put the Newsletter together quarterly.



Cinnamon Rolls

Stop by the Center to purchase rolls, which are available for immediate take home at \$10 a dozen. They are stored at the Center frozen and can either be baked directly from frozen form, or thawed first and then baked. Either way, they are a treat and fun to serve. At the same time, purchasing them helps out the Center.

WISH LIST

Items needed at the Center, which would be gratefully received:

- “Forever” Postal Stamps – can get till mid May
- Nutritional Snack Bars
- Toilet Paper
- Paper Towels
- Financial Donations
- Ink Cartridge for a HP Laser Jet 1020
- Large refill bottles for liquid hand soap
- Swiffer wet mopping cloths (24 in box)
- Pledge – Duster plus refills
- Large bag of wrapped hard candy
- Box of (blank inside) thank you notes
- Kleenex (square & oblong)

THE REST OF THE STORY...

It has been said of me that I am active....a mover and a shaker. If something needed to be done, I would see that it happened! On December 29, 2007, all of that changed!

I slipped into a coma and was taken by ambulance to Boone Hospital where I remained in the coma for several days. The doctors' prognosis was extremely bad. In fact, they told John that I had less than 1% chance of survival; every organ in my body was shutting down. My body temperature had gone so low 'as not to sustain life.'

Every tube imaginable was placed in my body and John was told to prepare for the inevitable outcome....my death. Our children came to my bedside where they remained during the days I was in the coma. The women from the Center, people from churches from all over this city and other cities prayed. The visiting room at Boone was abuzz with visitors who had come there to pray for me.

About four days later, I woke up. The doctors did not know if I would have brain damage or not. However, slowly I began to regain most of my bodily functions, except that my kidneys remained shut down and I was put on dialysis. Some weeks later I regained full kidney function!!!! Today I am a walking miracle!

Recently I was reminded about the paralytic man in Luke 5. His friends took him to Jesus to be healed. However, when they couldn't get in the door of the house (because of the crowd) they went up to the roof, cut a hole in the floor, and lowered him right before Jesus. The rest of the story? Jesus healed that man.

That is how I look at my experience. I could do nothing, nothing! I could not make anything happen. Like the man in Luke, my friends took me before Jesus and He healed me. While I was in the hospital my family got to see the faithful followers of Jesus come and pray for me. It was quite a testimony to family and staff. I want to say thank you to all of you who prayed for me. I am here! I am alive and well! I am praising God!

This has been an adventure, though not one I would have chosen. The good news is that God is still God, still surprising us with His answers to our prayers, and He is in control of my life. Praise God for His mercy. Praise God for His miraculous healing. Praise God for the testimony to my children, my mother, and my brother! We are all changed by this experience.

In His Service,
Debby Boyer

Newsletter Team:
Marilyn Hogan - Yolanda Sekol

CWM Board Members

Debby Boyer
Dona Jones Cherie Stott
Nancy Fedorchak
Alice Schawo Yolanda Sekol



“THANK YOU” FROM A CLIENT

There are certain people
we thank in our prayers
for things we appreciate so,
But try as we may,
we sometimes can't say
the words that we want them to know.
They're people who often
go out of their way
to pitch in when there's work to be done,
They show understanding,
they lighten our problems –
they help us in more ways than one...

There are certain people
we thank in our prayers,
and one of those people is you –
and this comes to say,
“May God bless you forever
for all you so thoughtfully do.”

*Thank you
so much for
taking the time
to listen & help.
You're the best!
Big Hugs,*

A COUNSELING MOMENT

By Janis Shannon

As my client began to relate the problems she had been dealing with over the past week, a picture began to form in my mind. People and situations began to move around, both in position and in prominence. Suddenly, insight into the essence of the problem, along with the solution, leaped to the foreground. Insight changes everything. In Psych, we referred to it as the “AHA” of life.

Excited about the discovery, I would joyfully share the line of thought with my client, waiting for her to beam back to me what wonderful news it was. She would be caught up in the moment and agree that I had nailed it. We both left feeling like we had really accomplished something life altering.

Then she would return the next week and we would go over the same ground again. The problem? The insight gained in the last session was mine, not hers. I wasn't leading her with questions to discover her own truths, or insights, and so she never experienced the “AHA” that comes with enlightenment.

Eventually I realized I was creating a barrier for her so I stopped TELLING and started ASKING QUESTIONS. After that, I was able to offer encouragement that was more helpful and to suggest scripture that would guide and comfort.



AN INVITATION TO YOU

Noon - 1 pm on Wednesdays is a very special time at the Center. A number of women meet to pray for the needs of the Center, both local and international. We invite you to join us! God continues to respond to the prayers of His people, and we have many reasons to praise Him and be awed by His grace.

I OPENED MY EYES FOR THE FIRST TIME

By Coresa Coloney

I opened my eyes for the first time and saw someone different in the mirror.

I saw, not only a mommy, a daughter, a granddaughter, a sister, Aunt CC, a niece, a cousin, and a friend.

I saw a woman who is not worthless.

I saw a woman who trusts God in her times of trouble.

I saw a woman who can face her fears.

I saw a woman who can fight her battles.

I saw a woman who can laugh and have fun.

I saw a woman who tries hard.

I saw a woman who has a heart to help people, to help women and children who are going through the situations that I have gone through.

I saw a woman who wants to improve herself.





LENDING LIBRARY UPDATE

Our lending library reorganization is now complete. Hopefully we have made it more user friendly for staff, counselors, and clients. All books and materials are shelved by category and are color-coded. Both books and tapes are listed on an Excel program so any staff member can look up what we have on hand, help you check something out, or tell you when it will be returned.

We now have a one-month limit on books. When you check something out, please give us name, e-mail address, phone number, check-out date, and name of book/tape. We have some amazing, helpful, and encouraging books that counselors can use as a resource or lend to her client. We also have a shelf of Bible study books that you may take, free of charge, for your own personal study or to use with a client during counseling. Enjoy!

Dona Jones

BOOK REVIEW

THE DNA OF RELATIONSHIPS

By Gary Smalley

Relationships. We live day to day involved with one relationship or another. The idea of relationships goes all the way back to Adam and Eve. Eve was created by God to be a companion to Adam. This was a good thing. Why, then, if relationships are supposed to be good, do they sometimes feel so wrong? How can we change our relationships so that we can grow deeper in friendship and in love? This book, I believe, addresses the way to change the dynamics in our relationships.

Gary Smalley states that we are created with a 'relationship DNA code,' made up of three simple, yet profound, strands: 1. You are made for relationships; 2. You are made with the capacity to choose; and 3. You are made to take responsibility for yourself.

He speaks about the 'power of one.' This concept involves learning about the power of your choices within a relationship. This includes the responsibility to care for oneself, understanding that we cannot give someone else the power to control our feelings. Good self-care includes our relationship with God and our dependence upon Him.

The author uses many examples from his marriage and the marriages of his associates to help the reader better understand the points he is trying to make. I highly recommend this book for those who want to understand the dynamics of their relationships better, as well as counselors who need a tool to use with clients whose issues deal with problems in relationships.

Smalley has also written the DNA of Relationships for Couples, a good tool to help both partners identify destructive relationship habits. When this has been accomplished, the rebuilding process can begin.

Yolanda Sekol

- LOVE INC UPDATE -

Official Opening day is May 1, 2008

They may be contacted at loveincofcolumbia@centurytel.net or (573) 256-7662

"This service that you perform is not only supplying the needs of God's people but is also overflowing in many expressions of thanks to God. Because of the service by which you have proved yourselves, men will praise God for the obedience that accompanies your confession of the gospel of Christ, and for your generosity in sharing with them and with everyone else. And in their prayers for you their hearts will go out to you, because of the surpassing grace God has given you. Thanks be to God for his indescribable gift!"

-2 Corinthians 9:12-15